


Training is the . . .  *. . . to Success*



THE PACIFIC INSTITUTE®

&



***THE MONTANA DEPARTMENT
OF CORRECTIONS***

PRESENT

INVESTMENT IN EXCELLENCE®

THE PRACTICE OF PEAK PERFORMANCE

THIS PROGRAM FEATURES LOU TICE WHO HAS BEEN CALLED ONE OF THE FINEST EDUCATORS OF OUR TIME. HE IS INFORMATIVE, ENLIGHTENING AND EASY TO LISTEN TO. MORE SPECIFICALLY, HE HAS A WEALTH OF SOLID INFORMATION THAT WILL HELP YOU BETTER UNDERSTAND:

- WHY YOU THINK, FEEL AND BEHAVE THE WAY YOU DO.
- HOW TO INCREASE YOUR COMFORT LEVEL IN NEW SITUATIONS.
- HOW TO IMPROVE YOUR LEVEL OF PERFORMANCE IN ANY AREAS YOU CHOOSE.
- HOW TO DRAMATICALLY REDUCE YOUR LEVELS OF STRESS, TENSION AND ANXIETY.
- HOW TO IMPROVE THE QUALITY OF YOUR RELATIONSHIPS – AT HOME, AT WORK AND WHEREVER YOU GO.
- HOW TO SET AND ACHIEVE GOALS THAT REALLY MAKE A DIFFERENCE IN YOUR LIFE.

THE SEMINAR IS DIVIDED INTO 33 UNITS, WHICH ARE PRESENTED IN TWO SESSIONS. SESSION I IS THREE DAYS IN DURATION, WHILE SESSION II IS TWO DAYS. THE MATERIALS ARE SUPPLEMENTED BY AN EIGHT-WEEK, TAKE-HOME AUDIO PROGRAM AND MEETING-STARTER VIDEOS FOR AFTER-SEMINAR SUPPORT FOR YOUR INDIVIDUAL AND GROUP NEEDS. THIS IS A SIGNIFICANT COMMITMENT OF TIME; I ASSURE YOU IT IS WELL WORTH IT.

TO ATTEND, PLEASE, TALK TO YOUR SUPERVISOR, COMPLETE A TRAINING REQUEST FORM, OBTAIN THE REQUIRED SIGNATURES, [CALL GERI MILLER AT \(406\) 846-1320 EXT 2307](tel:4068461320); OR EMAIL GERIMILLER@MT.GOV TO REGISTER AND FINALLY SUBMIT THE SIGNED FORM. SESSION ENROLLMENT WILL BE LIMITED TO 25 STUDENTS (SESSIONS WITH LESS THAN 15 STUDENTS WILL BE CANCELLED).

BELOW ARE THE TRAINING DATES:

SESSION I

[MARCH 23 – 25, 2009](#)

[8:00 AM – 5:00 PM](#)

SESSION II

[APRIL 28 - 29, 2009](#)

[8:00 AM – 5:00 PM](#)

IF YOU ENROLL AND DO NOT ATTEND OR DO NOT CANCEL YOUR REGISTRATION 10 DAYS IN ADVANCE YOUR ORGANIZATIONAL CENTER WILL BE CHARGED THE FULL PRICE.

COST FOR MATERIALS AND SUPPLIES: \$268.00 PER PERSON

[LOCATION: DOC TRAINING CENTER, 442 GOLF COURSE ROAD, DEER LODGE, MONTANA](#)

For additional training opportunities, you may go to the DOC **Internet** web @ <http://www.cor.state.mt.us/Resources/Training.asp>; or the DOC **Intranet** web @ http://mycor.cor.mt.gov/Human_Resources/Training/SchAnnForms.asp



**This Class is Co-Sponsored by
the Montana Correctional
Association**